

Mind Bending



For A Change

With Steve Roehm

What is Mind Bending Language?

A system of disrupting old patterns of thought to allow the mind to open to new ideas and utilize new, untapped resources

What is required for the MBL to work?

- Context
- Rapport
- They must be willing to be play
- They must be open to accepting new ideas
- You must have a deep desire to help them create a change

Syntactic shifting

The dog chases the cat under the table.

The cat chases the dog under the table. (Same words, different meaning)

The table chases the cat under the dog (Same words, shift in reality)

Problem:

I'm afraid of dogs.

Potential approaches to shifting syntax and negation:

What dogs are afraid of you?

Who are you that's not afraid of dogs?

Where are dogs only afraid of you?

How are you not afraid of only dogs?

Where are you that's not afraid of dogs?

How can those nots help you?

$A > B$

I am afraid of dogs.

$\neg A > B$

What's not you that's afraid of dogs?

$A > \neg B$

What is you that is afraid of not dogs?

$\neg A > \neg B$

What's not you that's afraid of not dogs?

Interrogatives

Who? - Identity

What? - Identity, nature, value

When? - Temporal

Where? - Spatial location

How? - Represents the quality of something

Why? - Rarely use because it requires rationalization

How to practice...

Write a problem.

Write as many questions as you can think of that push the boundaries of logic.

Read each question aloud at least 20 different ways, using different inflection, and pauses each time.

Ex: I eat too much fast food?

How much fast food eats you?

Who are you that doesn't eat fast food?

How are you not not eating everything that isn't fast food?

When are you only eating anything that isn't fast food?

Where is fast food when it's not eating you?

Join us for the bonus workshop

November 10 at 6 PM CDT

Go to www.MindBendingBasics.com to get registered.

Can't make it? Sign up anyway, you will receive access to the recording after the workshop.