

What to Get for the Client Who Has Everything: A Five-Step Process to Reinforce Success

When a client reports that their problems are resolved, I like to do a session like this to lock in their success.

Step 0. Induction:

Either use your favorite, or take this opportunity to practice something different.

Step 1. Reinforcement:

Strengthen everything you've achieved so far, by expressing gratitude to your client's unconscious mind.

2. Ego-Strengthening:

Remind your client that it is their mind that has achieved this change, not your power.

3. Suggestions for Continuing to Use Tools:

Whatever tools you have taught your client to use, you can apply direct suggestion and metaphor to keep your clients using the tools.

4. Transcendent Experience:

Remind your clients that they are infinite and eternal.

5. Future Pace Success

But also Future Pace "failure" and recovery, thus modeling resiliency, so that your client will succeed without further help from you.

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